



ARE YOU PREPARING FOR 100%?™

STEP One-Day Workshop

Researched & Developed By
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Suffer Or Emerge Out - The Choice Is Yours!*

Content - Identify the most important basics & pay attention to them!

TARGET AWARENESS

What targets have you set for yourself in your academic life? In ignorance, perhaps you are setting your targets less than what you can comfortably achieve? Or perhaps higher than what you are prepared for at the moment? Get to the depth of targeting always for 100% & at the same time preparing also always for 100%. Ask yourself some basic questions: *Is life same as career or something beyond...? What is TIME? How can you EXCEL with comfort & ease?*

⊙ HOW TO USE YOUR MIND AS A TOOL?

Utilizing Spare Capacity of Mind

Human mind has tremendous capacity, which unfortunately is not fully utilized, rendering it non-functional. You must have experienced the wandering of your own mind while sitting in the class & listening to your teachers, or even while speaking with anyone. **Human mind once activated must go through a 4-step process.** Get to know these 4-steps for living 100% mind utilization for 100% results.

Practicing 100% Concentration

It is simply not possible to be with any person/ project (subject) all 24 hours & throughout your life. To get the best in life & out of every project (subject), it is a must to give 100% of self even if it is for one moment only. Learn how to do it.

Utilizing "Divine Power Within You" for your Success

There is a Divine Power that exists WITHIN you. Either you are not aware or you do not fully utilize it to your benefit – for your success. **Experience the same Divine Power NOW** through *Samarpan Yog™* & also learn how to utilize it for giving speed to your success.

⊙ HOW TO LEARN?

Understanding The Basics

Authority on any subject/concept is gained if you begin with the basics. Only if the basics are right, will you gain full command over your subjects. **This technique guarantees lifelong retention of the concepts learned even once.** *The need is to just get them right the first time.*

Learning@Speed

The need is to adopt a strategy by which you learn your subjects at a speed. *Learning is attainment of knowledge, & its understanding developed in your own language.* The need is to learn in such a manner that you are comfortable to write on, speak about or explain your subjects as per the time given to you: *be it 5 minutes, 15 minutes, 30 minutes or an hour.*

Strategy To Study

The **FEEL** of the subject is most important. Once you gain the 'feel' of a subject then its understanding is also very comfortable. So how to obtain this FEEL for complete grasp of the subject's essence? **The answer lies in simple 6-steps.**

Methodology

*Activities *Open Interaction *Group Discussions
*Demonstration *Case Situations

Value Added Support

3-months of follow-up support through e-mail as & when any unmanageable situation arises. **Claim It:** It is the participant's responsibility to make use of the offered support. *A 36-hours response is guaranteed.*

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